



## 2023 Swimming Wellington Short Course Championships

**Friday 23 June - Sunday 25 June 2023**

Coastlands Aquatic Centre  
10 Brett Amber Way, Paraparaumu 5032

### **Contacts:**

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## Meet Set-Up

### Session times:

Date / Session	Doors Open	Warm Up	Start
<b>Fri 23 June Session 1</b>	5pm	5.30pm - 5.55pm	6pm
<b>Sat 24 June Session 2</b>	1pm	1.30pm - 1.55pm	2pm
<b>Session 3</b>	5.30pm	6.00pm - 6.25pm	6.30pm
<b>Sun 25 June Session 4</b>	8.30am	9am - 9.25am	9.30am
<b>Session 5</b>	2.30pm	3pm - 3.25pm	3.30pm

Meet will be swum short course under SNZ/World Aquatics rules except where local rules and conditions apply. Para swimmers are eligible to compete at this meet and shall compete under WPS swimming rules. All events will be swum as timed finals with over-the-top starts.

Individual timed final events will be swum and scored in the following age groups for both male & female:

**50m & 100m all events:** 9/u, 10, 11, 12, 13, 14, 15, 16, 17+,

**200m backstroke, breaststroke, freestyle & IM:** 10/u, 11, 12, 13, 14, 15, 16, 17+,

**200m butterfly:** 12/u, 13, 14, 15, 16, 17+,

**400m freestyle & IM:** 12/u, 13, 14, 15, 16, 17+.

### Awards

**Wellington Swimmers** - The top 3 Wellington swimmers placing in each event will received a Gold, Silver or Bronze medal.

**Visitors** - a maximum of 2 visitor medals will be awarded in any one event.

**Ribbons** - will be available for collection for swimmers finishing in the top 10 who did not receive a medal.

Medals will be presented throughout the sessions. Club uniform tops for medal presentations. Same gender substitutes permitted.

Age group points will be earned as 20, 14, 10, 7, 6, 5, 4, 3, 2, 1 for first to tenth inclusive.

Three trophies will be awarded to **Wellington Regional Clubs** only:-

**Tawa Trophy** to the Wellington Club team of more than four swimmers that achieves the best average individual event points over the meet, i.e. points divided by the number of swimmers;

**The Mana Swimco Cup** for the Wellington Club with the highest points score;

**The Eyeline Cup** for the highest scoring Wellington Club in the 12&U age.

Self -marshalling will operate throughout the meet.

### Entry Details

This meet is open to financial SNZ registered competitive swimmers. Overseas competitors may compete subject to providing a Travel Authorisation Form/Letter from their national federation.

Age as at 23 June 2023.

Qualifying times must have been obtained between 18th June 2021 and the entry closing date of 18th June 2023 and be held within SNZ database. Converted times are permissible.

Entry fees are \$12.00 per event per swimmer.

Entries and payment will be via the SNZ Database, pay later not an option.

Entries open on 23rd May 2023 and close at 23:59:59 (Midnight) on Sunday 18th June 2023. Late entries will **NOT** be accepted.

Swimming Wellington reserves the right to restrict entries and amend the programme and will not be liable for any loss, damage or injury that may occur at this meet.

Classified para swimmers (including those with provisional classification) are eligible to compete at this meet. Para swimmers are requested to report to the Technical Director prior to the commencement of the first session they attend. Entries for para swimmers must be submitted manually by email to [louise@swimwn.co.nz](mailto:louise@swimwn.co.nz) on or before Sunday 18th June 2023.

All participants must agree to comply with the Sports Anti-Doping Rules.

Strapping of muscles/joints is not permitted unless supported by a doctor or physio certificate and sighted by the Technical Director prior to the first session the strapping is applied.

Protests shall be lodged as per SNZ policy 008 along with \$100 cash.

## Withdrawals

There will be no refunds for withdrawals after entries close.

Swimmers may withdraw without penalty from Session 1 by email ([louise@swimwn.co.nz](mailto:louise@swimwn.co.nz)) before 10am on the 22nd June or with the recorder at the venue up to 1 (one) hour prior to the start of the session one.

Please Note: withdrawals will not be accepted via email after 10am Thursday 22 June 2023.

For subsequent sessions, withdrawals must be submitted with the recorder before the completion of the session prior.

Withdrawals that fail to comply with these conditions, will incur a \$30 penalty.

Valid medical certificates will be taken into consideration.

## Swimmer Information

Initial psych sheets will be posted on the website on Monday 19th June and final psych sheets on Thursday 22nd June.

By entering this meet, swimmers agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swim Wellington in accordance with the SNZ Member Protection Policy.

## Warm Up

**Warm-up duration** - 25 minutes.

**First 15 minutes** - general warm up (no dive lanes). Feet first entry.

**See specified warm up lanes for 12 & under and 13 & over below:-**

**Lane 0,1,2, & 3** - for 12 & under.

**Lanes 4,5,6,7 & 8** - for 13 & over.

**Lane 9** - Designated to para swimmers (if any) for the first 15 minutes of each warm-up. Otherwise to be used for the 13 & over.

**Lanes 0,1,2 & 8,9** - To become dive lanes for the last 10 minutes of each warm-up. Swimmers must swim the 25m and exit at the far end for safety.

**Lane 3, 4, & 5** - Designated pace lane for last 10 minutes.

## Club & Spectator Information

A seating plan will be published on the SW website on Thursday 22nd June.

***There will be no spectators at this event due to limited space.***

Entry for nominated team coaches & team managers will be limited to the following numbers: -

1 - 10 swimmers - 1 coach & 2 team managers

11- 20 swimmers - 2 coaches & 3 team managers

21 - 35+ swimmers - 3 coaches & 4 team managers

The names of nominated Coaches and Team Managers for this event must be provided on Swim Central. Under the competitors tab, club name is displayed. Details can be entered here by using the edit button. Or emailed to [louise@swimwn.co.nz](mailto:louise@swimwn.co.nz)

Duty Club requirements will be advised by Swimming Wellington.

Entry for all swimmers, officials, team managers and coaches will be via the main entrance.

Swimmers and coaches to present Swimming Wellington pool entry passes. Coaches must display their NZSCTA cards throughout the meet, only swimmers and coaches with NZSCTA passes will be permitted to enter the coaches area.

Visiting clubs will be issued with temporary entry passes for the meet.

Officials (including timekeepers and duty clubs volunteers) are required to sign in on entry.

Two (2) programmes for each club can be uplifted from the signing in desk and will also be available via [wellingtonswimming.org.nz](http://wellingtonswimming.org.nz). Please support us in trying to reduce paper.

The meet will be on Meet Mobile.

Programmes and session reports will be uploaded to the website.

The Swimming NZ Code of Conduct and Media and Photography position statement in the Swimming NZ Member Protection Policy Manual apply to all spectators entering Coastlands Aquatic Centre. The Manual can be found on the Swimming NZ website [here](#).

**There will be a team managers meeting in the meeting room at 5.15pm on Friday .**

## **Officials Information**

All participating Swimming Wellington clubs are required to provide officials for this meet. RTOP will send this request to clubs. Qualified visiting officials are welcome and may apply via email [RTOP@swimwn.co.nz](mailto:RTOP@swimwn.co.nz) by 5pm Tuesday 20 June. All qualified officials are required to have been police vetted.

Officials to bring their own water bottles.

There will be an officials meeting in the meeting room 20 minutes prior to the start of each session.

