



# 2023 WELLINGTON DISTANCE CHAMPIONSHIPS

## 2023 Swimming Wellington Distance Championships

**Saturday 26th August**  
**Coastlands Aquatic Centre**

### Key Details

**Open to:** 12 years and over

**Format:** Timed finals

**Pool Set-Up:** Short Course

**Doors Open:** 4.30pm

**Warm-up:** 5.00pm - 5.25pm

**Start:** 5.30pm

### Events

- 1 1500m Freestyle - Male
- 2 1500m Freestyle - Female
- 3 800m Freestyle - Male
- 4 800m Freestyle - Female

There will be no printed programmes available for Team Managers or Coaches for this meet

### Contact Information:

Event Manager - Louise Tresch  
louise@swimwn.co.nz  
Technical Director - Jacqui Forsythe  
RTOP@swimwn.co.nz

Updated: 29 June 2023



## Meet Set Up

Meet will be swum under SNZ/World Aquatic rules except where local rules and conditions apply. Para swimmers are eligible to compete at this meet and shall compete under WPS swimming rules.

Pool depth is 2.4m.

Self-marshalling will operate throughout the meet.

There will be medals presented for the following age groups; 12, 13, 14, 15, 16, 17+.

### **A swimmer can not place in the 800m event with a split time from their 1500m.**

All 800m split times from 1500m swim will be electronic.

## Entry Details

This meet is open to financial SNZ registered competitive swimmers aged 12 years and over. Overseas competitors may compete subject to providing a signed Travel Authorisation Form/Letter from their national federation.

Age as at 26th August 2023.

A swimmer may enter either the 1500m or 800m event with a NT ONLY if they have met the 400m Freestyle qualifying times of 5:50.00 for males and 6:00.00 for females (times to be held in the SNZ database).

There is a one-off entry fee of \$15.00 to enter the meet. Entries and payment will be via the SNZ Database.

Entries open on 26th July and close at 23:59:59 (Midnight) on Sunday 20th August 2023.

**Late entries will not be accepted.** There will be no refunds for withdrawals once entries have closed.

Swimming Wellington reserves the right to restrict entries and amend the programme and will not be liable for any loss, damage or injury that may occur at this meet. All Participants must agree to comply with the Sports Anti-Doping Rules.

Protests shall be lodged as per SNZ policy 008 along with \$100 cash.

Classified para swimmers (including those with provisional classification) are eligible to compete at this meet. Para swimmers are requested to report to the Technical Director prior to the warm-up.

Strapping of muscles/joints is not permitted unless supported by a doctor or physio certificate and sighted by the Technical Director prior to the session.

## Swimmer Information

Initial psych sheets will be posted on the website on the Monday 21st August and final psych sheets on the Friday 25th August.

By entering this meet, swimmers agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swim Wellington in accordance with the SNZ Member Protection Policy. The Swimming NZ Code of Conduct in the Swimming NZ Member Protection Policy Manual applies to all participants in the meet. The Manual can be found on the Swimming NZ website [here](#).

## Warm Up Procedure

**Warm-up duration:** 25 minutes

**All Lanes:** General Swimming with feet first entry, unless specified.

**Lanes 0/1 & 8/9:** To become dive lanes at 5.15pm.

**Lane 2:** Designated pace lane.

**Lane 9:** Designated to para swimmers (if any) between 5.00 - 5.15pm.

## Club & Spectator Information

There will be no allocated seating for this meet.

Clubs must provide volunteers if required.

Spectator's entry will be \$3.00. There will be no printed programmes available. The meet will be on Meet Mobile.

Swimmers, coaches and team managers are to present Swimming Wellington pool entry passes. Coaches must display their NZSCTA cards throughout the meet. Visiting clubs will be issued with temporary entry passes for the meet. Officials (including timekeepers and duty clubs volunteers) are required to sign in on entry. Entry for nominated Team Coaches & Team Managers will be; 1-10 Swimmers [2], 11-20 [4], 21-35+ [6]. Team Managers & Coaches to provide their own programmes.

## Officials information

All participating Swimming Wellington clubs are required to provide technical officials for the meet. RTOP will send this request to clubs.

There will be an officials meeting in the meeting room 20 minutes prior to the start. Officials are to bring their own water bottles.