



CAPITAL CLASSIC 2025

LONG COURSE NATIONAL QUALIFIER MEET (OFFICIATED)

Wellington Regional Aquatic Centre (WRAC)

Saturday, 1 February 2025

Doors open: 3.30pm Warm-up: 4-4:25pm Race start: 4.35pm

KEY DETAILS:

Entries open: Sunday 22 December 2024

Entries close: Sunday 26 January 2025, 11.59pm

Entry Fee: \$12.00 per event

Open to all club & competitive swimmers

'No Time' entries are permitted

Entries via Fastlane

EVENT ORGANISER:

Charmaine Ramos-Yee, email racesecc@capitalswim.co.nz

Technical Director, email RTOP@swimwn.co.nz

Events:

| M | F | |
|----|----|-------------------|
| 1 | 2 | 50m Freestyle |
| 3 | 4 | 200m IM |
| 5 | 6 | 50m Backstroke |
| 7 | 8 | 200m Butterfly |
| 9 | 10 | 50m Breaststroke |
| 11 | 12 | 400m Freestyle |
| 13 | 14 | 100m Backstroke |
| 15 | 16 | 200m Breaststroke |
| 17 | 18 | 100m Butterfly |
| 19 | 20 | 400m IM |
| 21 | 22 | 50m Butterfly |



Meet Conditions:

- This meet will be officiated under Swimming New Zealand (SNZ) policies, World Aquatics, SNZ and local rules.
- All events will be swum as timed finals, with over-the-top starts.
- This meet is open to all registered and financial club and competitive swimmers, including para swimmers.
- No qualifying times required for this meet. Entry times must be held on the SNZ database. Converted times are permissible.
- Entries open 22 December 2024 at 8:00am, closing at 11:59pm on Sunday 26 January 2025. Entries via SNZ FastLane only. Late entries will not be accepted.
- Entry fee for each event will be \$12.00 (GST incl.) Payment must be made at the time of entry using credit or debit card.
- ***There will be no refunds for withdrawals after the entries close.*** Scratchings before the meet are to be emailed to racesec@capitalswim.co.nz by 5pm Thursday 30 January 2025. Withdrawals after this time are to be advised to the recorder's desk at the venue 45 minutes before the start of the meet.
- Self-marshalling will operate throughout.
- The organisers reserve the right to amend the programme if necessary, and to restrict entries.
- Protests shall be lodged as per SNZ Policy 008 accompanied with \$100.00 cash.
- Participants who have entered this event agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington (SW).
- All participants must agree to comply with the Sports' Anti-Doping rules.
- Strapping of muscles/joints is not permitted unless supported by a doctor or physio certificate and sighted by the Technical Director prior to the start of the meet.

Club/Spectators information:

- Doors open at 3.30pm.
- Entry for all swimmers, officials, team managers, and coaches will be via the southern entrance. Swimmers to present SW pool entry passes. Coaches are to display their NZSCTA cards throughout the meet.

- Meet volunteers - technical officials, (including timekeepers and other club-appointed volunteers) are required to sign in.
- Spectators will need to enter through the main reception at WRAC to pay the entry fee. No spectators will be permitted through the swimmers' entrance.
- There will be no allocated seating for this meet.
- The SNZ Code of Conduct and Media and Photography position statement in the SNZ Member Protection Policy Manual apply to all spectators entering WRAC. The Manual can be found on the SNZ website. Images are only to be used for legitimate purposes by SW and Capital Swim Club. Club photographers should seek prior approval from the Event Organiser prior to the start of the meet.
- Two copies of the printed programme will be available for each club. The final programme will be published on the SW website (Capital Classic National Qualifier page) at midday on Friday 31 January.
- All participating SW clubs are required to provide 2 qualified IOTs and 2 timekeepers. Clubs with a higher number of entries may be asked to provide more. Please advise names of officials to, racesec@capitalswim.co.nz by 27 January 2025.
- Officials are asked to bring a water bottle. There will be an official's meeting at 4.10pm.

Warm-up Protocol:

- Entry to the pool during warm-up will be feet first only (except dive lanes).
- Lanes 0-9: general swimming.
- Lanes 0/1 and 8/9 to become diving lanes at 4:15pm.
- Lane 2 is a designated pace lane.
- Lane 0 is available for para-swimmers only, if required, between 4:00 and 4:15pm.