



2023 WELLINGTON RELAY CHAMPIONSHIPS



2023 Swimming Wellington Relay Championships

Saturday 16th September

Coastlands Aquatic Centre

Key Details

Pool Set-Up: Short Course
Open to: All club affiliated swimmers
Doors Open: 4.30pm
Warm-up: 5.00pm - 5.25pm
Start: 5.30pm

Key Entry Details

Age as at: 16th September 2023
Entries Open: 16th August 2023
Entries Close: midnight, 11th September 2023
Changes Emailed By: 9pm, 14th September 2023
Entry Fee per Team: \$25

There will be no printed programmes available for Team Managers or Coaches for this meet

Contact Information:

Event Manager - Louise Tresch
louise@swimwn.co.nz
Technical Director - Jacqui Forsythe
RTOP@swimwn.co.nz

Updated: 29 June 2023





Relay Events

EV#	AGE	DESCRIPTION	DIST	COMPOSITION	TROPHY
1	Super 5 Relay	Freestyle Relay	5x100m	1 swimmer from each age group, boy or girl	Walker & Hall Trophy
2	9yrs & Under	Medley Relay	4x50m	Boys	Medals
3	9yrs & Under	Medley Relay	4x50m	Girls	B.G.I Trophy
4	11yrs & Under	Medley Relay	4x50m	Boys	B.G.I Trophy
5	11yrs & Under	Medley Relay	4x50m	Girls	Inglis Trophy
6	13yrs & Under	Medley Relay	4x50m	Boys	Medals
7	13yrs & Under	Medley Relay	4x50m	Girls	B.G.I Trophy
8	15yrs & Under	Medley Relay	4x50m	Boys	Neill Cup
9	15yrs & Under	Medley Relay	4x50m	Girls	SW Trophy
10	Open Men	Medley Relay	4x50m	Boys	Kapiti Cup
11	Open Women	Medley Relay	4x50m	Girls	Trophy
12	9yrs & Under	Freestyle Relay	4x50m	Boys	Medals
13	9yrs & Under	Freestyle Relay	4x50m	Girls	Kapiti Cup
14	11yrs & Under	Freestyle Relay	4x50m	Boys	WASC Silver Tray
15	11yrs & Under	Freestyle Relay	4x50m	Girls	Medals
16	13yrs & Under	Freestyle Relay	4x50m	Boys	Medals
17	13yrs & Under	Freestyle Relay	4x50m	Girls	Medals
18	15yrs & Under	Freestyle Relay	4x50m	Boys	Herbert Swim Cup
19	15yrs & Under	Freestyle Relay	4x50m	Girls	SW Trophy
20	Open Men	Freestyle Relay	4x50m	Boys	Silver Tray
21	Open Women	Freestyle Relay	4x50m	Girls	SFWC Silver Tray
22	Golden Oldies	Freestyle Relay	4x50m	2 Men & 2 Women	Golden Oldies Silver Cup
23	Flying Squadron	Freestyle Relay	10x50m	1 boy & 1 girl from each age group	Karori Shield

Conditions of Entry

- Meet will be swum short course under SNZ /World Aquatics rules and local rules. Para swimmers are eligible to compete at this meet and shall compete under WPS swimming rules.
- The Championships are open to Competitive, Club and Recreational swimmers.
- Age as at 16th September 2023. Clubs can enter multiple teams for each event.
- Swimming-up an age is permitted in all events. Swim-up swimmers must be advised via email to louise@swimwn.co.nz at time of entry. Swim-ups in Events 1 and 23 are only permitted where a club has no swimmers in a specific age/gender group. Swimmers may swim in both age group and open events.
- Age groups for Events 1 and 23 are 9/under, 10/11, 12/13, 14/15, 16/over.
- Flying Squadron (Event 23) swimming order must be youngest first to oldest last, genders to alternate with females starting followed by males. Entries to be submitted to louise@swimwn.co.nz
- The minimum age for Golden Oldies is 30 years. No other restrictions apply.
- The meet will be marshalled.
- All events must have submitted names and times when entries are made. Any changes to relays must be submitted by 9pm on Thursday 14th September 2023 to louise@swimwn.co.nz or at the pool with the Recorder at least 50 minutes (4.40pm) before the meet starts.
- Entries open on Wednesday 16th August and close on Monday 11th September at 23:59:59 – late entries will not be accepted. All entries are to be submitted online via the SNZ online portal by the Club Administrator/Race Secretary.
- Entry fees of \$25 per team per event, except for Golden Oldies which will be free. Teams will be invoiced by C.O.B, Friday 15th September, and must be paid by C.O.B. Tuesday 19th September. Direct bank deposit or electronic payments can be made to; WPT 03-0502-0166158-00.
- There will be no refunds for teams who withdraw after entries close.
- Medals for places 1-3 inclusive will be presented throughout the meet with event trophies. Current trophy holders are to ensure that the trophies are cleaned, engraved, and returned to SW offices, at Pelorus House, 93 Hutt Park Road, Seaview by 25th August 2023.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- Classified para swimmers (including provisional classification) are eligible to compete at this meet. Para swimmers are requested to report to the Technical Director prior to the warm-up.

- Strapping of muscles/joints is not permitted unless supported by a doctor or physio certificate and sighted by the Technical Director prior to the start of the meet.
- By entering this event swimmers agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swim Wellington in accordance with the SNZ Member Protection Policy.
- Swimming Wellington reserves the right to restrict entries, combine events or alter the programme and will not be liable for any loss, damage or injury that may occur at this meet.
- Protests shall be lodged as per SNZ policy 008 along with \$100 cash.

Club / Spectator Information

- Duty Club requirements will be advised by Swimming Wellington.
- There will be a Team Manager's meeting at 4.45pm.
- Entry for all swimmers, officials, team managers and coaches will be via main entrance. Swimmers to present Swimming Wellington pool entry passes. Coaches are to display their NZSCTA cards throughout the meet. Officials (including timekeepers and duty clubs' volunteers) are required to sign in on entry.
- Coach/Managers at a ratio of 1 per 4 Club Teams will be free on sign in at the door.
- Spectator's entry fee will be \$3.
- The Swimming NZ Code of Conduct and Media and Photography position statement in the Swimming NZ Member Protection Policy Manual apply to all spectators entering Coastlands Aquatic Centre. The Manual can be found on the Swimming NZ website [here](#).
- Programmes will be made available online on the Swimming Wellington website on Friday 15th September, at 5pm. There will be no printed programmes available.
- Participating clubs will be required to provide officials for this meet. A request for officials will be sent by the SW Regional Technical Officials Panel (RTOP). Officials to bring own water bottle.
- There will be an officials' meeting at 5.10pm

Warm Up Procedure

Warm-up duration: 25 minutes

All Lanes: General Swimming with feet first entry, unless specified.

Lanes 0/1 & 8/9: To become dive lanes at 5.15pm.