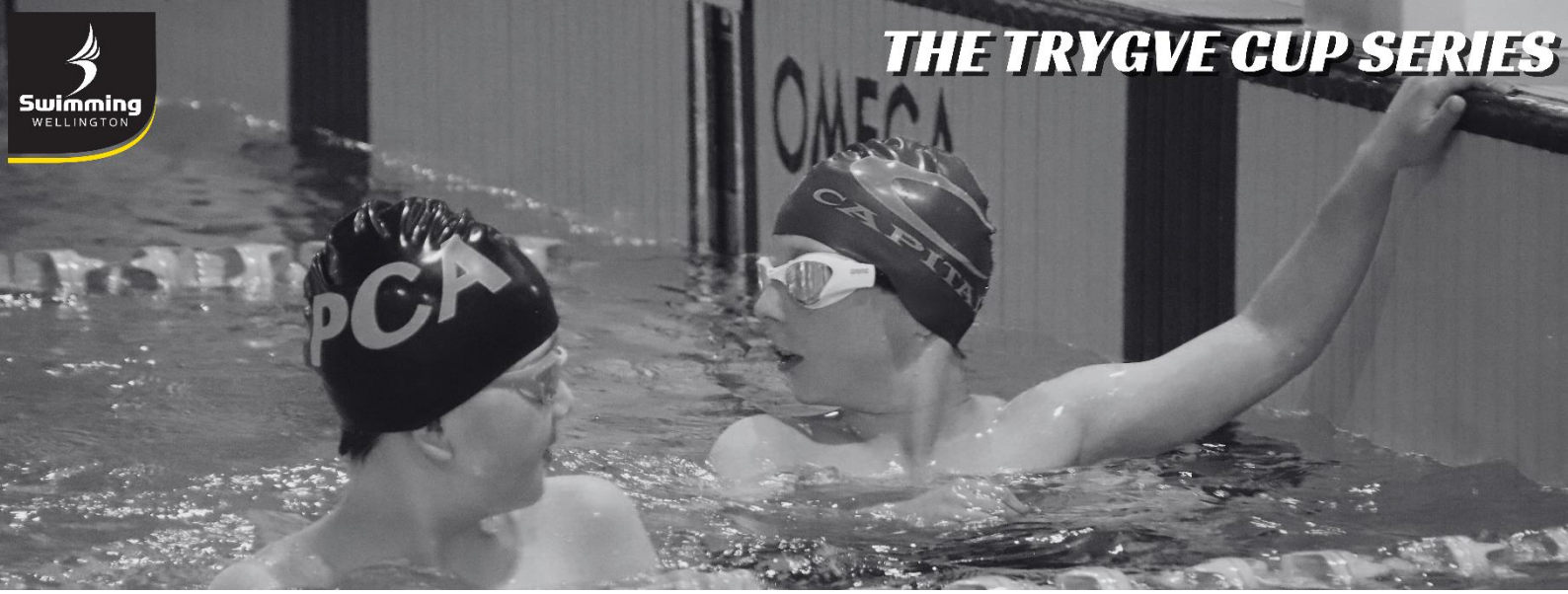




THE TRYGVE CUP SERIES



The Trygve Cup 2024

Wellington Home Pool League

Series 4: Champions vs Challengers

Monday 24th June – Thursday 5th December

Updated 18th June 2024

Contact:

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Purpose & Background

The Trygve Cup is a multi-week cup designed to positively enhance the experience of competitive swimming, develop interclub rivalries and further increase participation at home pools across the region. The Trophy is named after the late Trygve Mark Berge and will be open to all clubs to participate and compete in to be named winners of the cup.

The Cup was launched in March/April 2022, and is a multi-week event. Each series is adapted and changed to vary the events competed for over the course of the series. The cup will primarily promote participation in relay events, whilst also providing the opportunity for swimmers to compete in individual events.

Structure

Competition Period will be from Swimming Wellington Short Course Championships to Swimming Wellington Long Course Championships. This will be ample opportunity for clubs to challenge each other and organise their respective dual meets for the cup. The club that has possession of the cup by the SWLC, keeps trophy until next Competition Period.

10 Events (Male/Female)

Champions pick four events, Challengers pick six.

Swimmers can swim up to three events.

Back-to-back fixtures not permitted.

Challengers may not challenge twice in a row.

Points

1st – 10 points, 2nd - 8 points, 3rd - 6 points, 4th - 4 points, 5th – 2 points.

Results

We ask clubs that are either challenging or aiming to retain the cup to get in touch with Louise and Kokoro (kokoro@swimwn.co.nz) so that we can share results of each contest.